



Calendar table with columns for days of the week (日, 月, 火, 水, 木, 金, 土) and rows for dates (1-5, 6-10, 11-15, 16-20, 21-25, 26-30). Activities include '3文化の日', 'あいぷらフェスティバル', 'ファミリーバスケット', 'バドミントン', '鉄の会', 'あいぷらラボ', '交流ウクレレ', '絵手紙タイム', 'プラバンキーホルダー', '歌声サークル', '寺子屋', '交流ゲートボール', 'スポーツチャレンジ', 'フラダンス', 'おもちゃの病院', 'ふれあい折り紙'.

あいぷらで遊ぶ時のお約束 (Rules for playing at Aipura). Includes instructions on using user cards, registration, and safety rules like wearing masks and handwashing.

体育室の利用について (About gymnasium use). Lists items to bring (indoor shoes), times (3:00-5:00 on weekdays, 2:00-4:30 on weekends), and activities like sports and games.

あいぷらフェスティバル ~Love & Peace~. Details for the festival on November 6th (10:00-5:00) and a ticket sale on November 12th (12:00-1:30).

鉄の会 (Iron Club). Information about the train-themed activity in the gymnasium on November 20th (2:00-3:00).

交流天体観測 (Exchange Astronomy Observation). Details for observing the moon on November 8th (18:30) and the full moon on November 22nd.

あいぷらラボ (Aipura Lab). Information about making paper computers on November 27th (3:00-4:30).

体育室プログラム (Gymnasium Program)

アートルームプログラム (Art Room Program)

ファミリーバスケット (Family Basketball). Details for basketball games on November 8th and 29th.

アルティメット (Ultimate Frisbee). Details for frisbee games on November 16th.

えのぐ de スタンプ (Color Stamps). Details for stamping activities on November 9th.

プラバンキーホルダー (Plaban Keychain). Details for making keychains on November 16th.

天下大会 (Tenka Taikai). Details for a tournament on November 9th.

フットサルサークル (Football Circle). Details for football activities on November 30th.

マンカラ大会 (Mancala Taikai). Details for a board game tournament on November 28th.

その他プログラム (Other Programs). Details for e-sports on November 21st.

交流ゲートボール (Exchange Gateball). Details for gateball in the indoor gym on November 12th.

スポーツチャレンジ (Sports Challenge). Details for a basketball challenge on November 19th.

ふれあい折り紙 (Fureai Origami). Details for making origami with seniors on November 26th.

ダンスグループ練習します! (Dance Group Practice!). Details for dance practice on November 21st.

あいぷらギネス (Aipura Guinness). Details for a challenge on November 28th.

バドミントン (Badminton). Details for badminton on November 14th.

絵手紙タイム (Etemishi Time). Details for making postcards on November 15th.

ダンスグループ練習します! (Dance Group Practice!). Details for dance practice on November 10th.

ミニホールプログラム (Mini Hall Program)

フラダンス (Hula Dance). Details for hula dance on November 12th and 26th.

あいぷら歌声サークル (Aipura Song Circle). Details for singing on November 18th.

交流ウクレレ (Exchange Ukulele). Details for ukulele on November 22nd.

集いの部屋プログラム (Matsuri no Heya Program). Details for the report on November 11th.